



Daily Reflections

May 3, 2017

Scripture

John 14: 6-14

Jesus said to Thomas, "I am the way and the truth and the life.
No one comes to the Father except through me.
If you know me, then you will also know my Father.
From now on you do know him and have seen him."
Philip said to him,
"Master, show us the Father, and that will be enough for us."
Jesus said to him, "Have I been with you for so long a time
and you still do not know me, Philip?
Whoever has seen me has seen the Father.
How can you say, 'Show us the Father'?
Do you not believe that I am in the Father and the Father is in me?
The words that I speak to you I do not speak on my own.
The Father who dwells in me is doing his works.
Believe me that I am in the Father and the Father is in me,
or else, believe because of the works themselves.
Amen, amen, I say to you,
whoever believes in me will do the works that I do,
and will do greater ones than these,

because I am going to the Father.
And whatever you ask in my name, I will do,
so that the Father may be glorified in the Son.
If you ask anything of me in my name, I will do it."

Our Scripture Reflection

Jesus taught His clueless disciples a lesson, not in geography, but in faith. Follow Him, not your GPS. Listen to His Truth, not the confusing media. Embrace His life, not the thrills and highs this life offers.

Food for your Journey

Let not your heart be troubled. Notice three words, any one of which are worthy of emphasis. First, the word "troubled." The word evokes the image of a troubled sea when it is churning with unrest and confusion. Jesus doesn't say, "Let not your hearts be grieved or sad." He says, "Don't be ruffled and discomposed, don't be cast down and disquieted" (Psalm 42:5).

Second, the word "heart." Although country and city be troubled, although your little family and flock be troubled, yet let not your heart be troubled. Keep possession of your own souls when you can keep possession of nothing else. The heart is the main fort; whatever you do, keep trouble from this, keep this with all diligence. Your heart must be able to sustain the infirmity, so make sure that your heart is not wounded.

Third, the word "your." Jesus says, "You are my disciples and followers, my redeemed, chosen ones, set apart for service. Many others are overwhelmed with the sorrows of this present time, but not you because you know better; let the sinners in Zion tremble, "but let the sons of Zion be joyful in their king" (see Psalm 149.2). Herein Christ's disciples should do more than others -- they should keep their minds quiet, when everything else is unquiet.

--Paraphrased from commentary by Matthew Henry, Christian Classics Ethereal Library, ccel.org. Retrieved November 7, 2016.

A Prayer from the Heart

Dear Jesus, I only have Peace when I am united with You. May I never again stray from You and Your way. Amen.