



Daily Reflections

May 25, 2017

Scripture

John 16: 16-20

Jesus said to his disciples:

"A little while and you will no longer see me,
and again a little while later and you will see me."

So some of his disciples said to one another,
"What does this mean that he is saying to us,
'A little while and you will not see me,
and again a little while and you will see me,'
and 'Because I am going to the Father'?"

So they said, "What is this 'little while' of which he speaks?
We do not know what he means."

Jesus knew that they wanted to ask him, so he said to them,
"Are you discussing with one another what I said,
'A little while and you will not see me,
and again a little while and you will see me'?"

Amen, amen, I say to you,
you will weep and mourn, while the world rejoices;
you will grieve, but your grief will become joy."

Our Scripture Reflection

At the Last Supper, Jesus knew that His departure would be devastating for His disciples. He wanted them to know that even though He had to leave them for their salvation, He would return after Calvary to them. At that time they would experience a joy that nothing else could give them. The hallmark of the true Christian is joy.

Food for your Journey

In prayer the stilled voice learns

To hold its peace, to listen with the heart

To silence that is joy, is adoration.

The self is shattered, all words torn apart

In this strange patterned time of contemplation

That, in time, breaks time, breaks words, breaks me

And then, in silence, leaves me healed and mended.

--Madeleine L'Engle, quoted by Martin Marty in Context, March 15, 1996, 4.

A Prayer from the Heart

Dear Jesus, Thank you for giving me the joy that comes from uniting my heart with Your heart. Amen.