



Daily Reflections

June 25, 2017

Scripture

Matthew 10: 26-33

Jesus said to the Twelve:

"Fear no one.

Nothing is concealed that will not be revealed,
nor secret that will not be known.

What I say to you in the darkness, speak in the light;
what you hear whispered, proclaim on the housetops.

And do not be afraid of those who kill the body but cannot kill the soul;
rather, be afraid of the one who can destroy
both soul and body in Gehenna.

Are not two sparrows sold for a small coin?

Yet not one of them falls to the ground without your Father's knowledge.
Even all the hairs of your head are counted.

So do not be afraid; you are worth more than many sparrows.

Everyone who acknowledges me before others

I will acknowledge before my heavenly Father.

But whoever denies me before others,

I will deny before my heavenly Father."

Our Scripture Reflection

Jesus instructed the Apostles that they were of immeasurable value to His Father and that His Father would take care of them. This did not mean that

their mission would be easy. It meant, however, that God would see them through everything.

Food for your Journey

A lady went to a psychiatrist complaining of a terrible phobia. "Every time I lay down on my bed I get this terrible fear that there is something underneath."

"Wow," responded the psychiatrist, "I've never heard of such a phobia, but like all phobias it can be treated, but it will likely take around 20 sessions."

"Okay," responded the lady. "How much is each session?"

"Oh, it's just \$80 a session, but trust me it's well worth it."

When the lady didn't come back to the psychiatrist he gave the lady a call. "How come I didn't hear from you?" he asked.

"Well" responded the lady "when I came home and told my husband about the cost he thought he would save some money. He just cut the legs off the bed!"

There are demonstrations of violence that can frighten us and intense expressions of meanness and hatred that can make us shudder. Physical events that are unexpected such as earthquakes or train wrecks can terrify us. These comprise the grand opera of fear. Much less dramatic are the fears that are always with us. They are the ones that debilitate us and render us helpless. The fear of rejection, the fear for our security, the fear of losing our health.

--Edward J. Lavin, S.J. Life Meditations.

A Prayer from the Heart

Dear Jesus, Strengthen my faith so that I may not be overwhelmed by the trials and tribulations in this life. May I always keep focused on doing Your good work. Amen.