



Daily Reflections

July 22, 2017

Scripture

John 20: 1-2, 11-18

On the first day of the week,
Mary Magdalene came to the tomb early in the morning,
while it was still dark,
and saw the stone removed from the tomb.
So she ran and went to Simon Peter
and to the other disciple whom Jesus loved, and told them,
"They have taken the Lord from the tomb,
and we don't know where they put him."
Mary stayed outside the tomb weeping.
And as she wept, she bent over into the tomb
and saw two angels in white sitting there,
one at the head and one at the feet
where the Body of Jesus had been.
And they said to her, "Woman, why are you weeping?"
She said to them, "They have taken my Lord,
and I don't know where they laid him."
When she had said this, she turned around and saw Jesus there,
but did not know it was Jesus.
Jesus said to her, "Woman, why are you weeping?
Whom are you looking for?"
She thought it was the gardener and said to him,
"Sir, if you carried him away,
tell me where you laid him,

and I will take him."

Jesus said to her, "Mary!"

She turned and said to him in Hebrew,
"Rabbouni," which means Teacher.

Jesus said to her,

"Stop holding on to me, for I have not yet ascended to the Father.

But go to my brothers and tell them,

'I am going to my Father and your Father,
to my God and your God.'

Mary Magdalene went and announced to the disciples,

"I have seen the Lord,"

and then reported what he told her.

Our Scripture Reflection

Some of the Jews, the Pharisees, believed in the resurrection. They believed it would happen at the end of time and all people would be raised at the same time. The idea that one man, Jesus, had already been raised from the dead was shocking and unbelievable to many, including Mary. But the Risen Lord appeared to her and she became the first to witness to Him. Because of her loving witness, the good news would spread like wildfire.

Food for your Journey

The resurrection gives my life meaning and direction and the opportunity to start over no matter what my circumstances.

—Robert Flatt.

A Prayer from the Heart

Dear Jesus, Your death and resurrection brought salvation to our world. Help me to be a vibrant witness to Your resurrection and promise of eternal life to all people. Amen.