



Daily Reflections

September 23, 2017

Scripture

1 Timothy 6: 13-16

Beloved:

I charge you before God, who gives life to all things,
and before Christ Jesus,
who gave testimony under Pontius Pilate
for the noble confession,
to keep the commandment without stain or reproach
until the appearance of our Lord Jesus Christ
that the blessed and only ruler
will make manifest at the proper time,
the King of kings and Lord of lords,
who alone has immortality, who dwells in unapproachable light,
and whom no human being has seen or can see.
To him be honor and eternal power. Amen.

Our Scripture Reflection

Paul "charged", that is, "commissioned" the members of the early Church to "keep the commandment." And what was the commandment to which he refers? To love one another. Christ-like love was the glue that held the Church together and the energy that fueled Her mission.

Food for your Journey

In prayer we discover what we already have. You start where you are and you deepen what you already have, and you realize that you are already there. We already have everything, but we don't know it and we don't experience it. Everything has been given to us in Christ. All we need is to experience what we already possess.

--Thomas Merton, in Esther de Waal, ed., *A Retreat with Thomas Merton: A Seven-Day Spiritual Journey* (Canterbury Press Norwich, 2011), 40.

A Prayer from the Heart

Dear Jesus, Fill my heart with Your love so that I may love all people as You love them. Amen.