



Daily Reflections

September 30, 2017

Scripture

Luke 9: 43-45

While they were all amazed at his every deed, Jesus said to his disciples, "Pay attention to what I am telling you. The Son of Man is to be handed over to men." But they did not understand this saying; its meaning was hidden from them so that they should not understand it, and they were afraid to ask him about this saying.

Our Scripture Reflection

Why could the disciples not understand what Jesus was saying about His Passion? Because what He said did not fit into their preconceived notion of what a Messiah was to be. They, like their fellow Jews, believed the Messiah was to be some sort of all-powerful, victorious and glorious figure. But suffering???? NO WAY! Then there was their suspicion of what Jesus' forecast implied for themselves. If the Master would suffer, what would happen to His servants??

Food for your Journey

Discipline is the other side of discipleship. Discipleship without discipline is like waiting to run in the marathon without ever practicing. Discipline without

discipleship is like always practicing for the marathon but never participating. It is important, however, to realize that discipline in the spiritual life is not the same as discipline in sports. Discipline in sports is the concentrated effort to master the body so that it can obey the mind better. Discipline in the spiritual life is the concentrated effort to create the space and time where God can become our master and where we can respond freely to God's guidance.

-Henri Nouwen, Bread for the Journey.

A Prayer from the Heart

Dear Jesus, Help me to walk faithfully in Your footsteps even if it costs me at times to do so. May I remain loyal to You at all times. Amen.