



Daily Reflections

December 2, 2017

Scripture

Luke 21: 34-36

Jesus said to his disciples:

"Beware that your hearts do not become drowsy
from carousing and drunkenness
and the anxieties of daily life,
and that day catch you by surprise like a trap.

For that day will assault everyone
who lives on the face of the earth.

Be vigilant at all times

and pray that you have the strength
to escape the tribulations that are imminent
and to stand before the Son of Man."

Our Scripture Reflection

After 2017 years of waiting for Our Lord's return most Christians have either grown weary of doing so or have forgotten that we are supposed to be vigilant and in anticipation of it. This world is essentially a comfortable place to be so why ponder a "next life"? But that's the task of the true disciple. We are called to do the work that has been assigned to us as Our Lord's disciples and be prepared for His return in glory.

Food for your Journey

In his book *When God Whispers Your Name* (Nelson, 1999), Max Lucado says that "The German word for worry means 'to strangle.' The Greek word for worry means 'to divide the mind.' Both are accurate. Worry is a noose on the neck and a distraction of the mind."

A Prayer from the Heart

Dear Jesus, As I anticipate the season of Advent, help me to use my time to prepare for Your coming at Christmas and when You come in glory. Amen.