



Daily Reflections

January 19, 2018

Scripture

Mark 3: 13-19

Jesus went up the mountain and summoned those whom he wanted and they came to him.

He appointed Twelve, whom he also named Apostles, that they might be with him

and he might send them forth to preach

and to have authority to drive out demons:

He appointed the Twelve:

Simon, whom he named Peter;

James, son of Zebedee,

and John the brother of James, whom he named Boanerges,

that is, sons of thunder;

Andrew, Philip, Bartholomew,

Matthew, Thomas, James the son of Alphaeus;

Thaddeus, Simon the Cananean,

and Judas Iscariot who betrayed him.

Our Scripture Reflection

They were just simple, normal men....no scholars, no hero's, no millionaires. Why did Our Lord pick them? Because He knew their hearts, and therefore, their potential. Even though they failed for a while, with the help of His Grace they became courageous witnesses to the point of death. The weak became strong....what a turnaround story. And this story is meant for you!

Food for your Journey

It makes perfect sense that we should be called to go beyond our limits, because the One that calls us is beyond all limits. I suspect that all the energy we have bound up in resisting our own potential is more energy than we'll need to reach it. It takes as much energy to fail as it does to succeed. ... The degree of resistance is probably proportionate to the amount of power waiting to be unleashed and the satisfaction to be experienced once the "no" breaks through to "yes" and the call is followed.

--Gregg Levoy, *Callings: Finding and Following an Authentic Life* (Harmony, 1998).

A Prayer from the Heart

Dear Jesus, I commit my life and energy to You this day. Make me an instrument of your mercy, love and peace. Amen