



Daily Reflections

January 23, 2018

Scripture

Mark 3: 31-35

The mother of Jesus and his brothers arrived at the house. Standing outside, they sent word to Jesus and called him. A crowd seated around him told him, "Your mother and your brothers and your sisters are outside asking for you." But he said to them in reply, "Who are my mother and my brothers?" And looking around at those seated in the circle he said, "Here are my mother and my brothers. For whoever does the will of God is my brother and sister and mother."

Our Scripture Reflection

Please note: Our Lord is not being disrespectful to His Mother and family. By not rushing out to greet them, He is teaching them and the disciples a most important lesson. When we commit our lives to Him, a new and most important relationship begins. In Jesus, we become brothers and sisters to one another and children of Our Heavenly Father. This means we must live as the spiritual family of Jesus.

Food for your Journey

It is not what men eat but what they digest that makes them strong; not what we gain but what we save that makes us rich; not what we read but what we remember that makes us learned; not what we preach but what we practice that makes us Christians.

—Francis Bacon.

A Prayer from the Heart

Dear Jesus, I thank You for calling me to be a part of Your most Holy Family. Help me now through my words and actions to live as a child of Your Heavenly Father. Amen