



# Daily Reflections

**January 27, 2018**

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## Scripture

### **Mark 4: 35-41**

On that day, as evening drew on, Jesus said to his disciples:

"Let us cross to the other side."

Leaving the crowd, they took Jesus with them in the boat just as he was.

And other boats were with him.

A violent squall came up and waves were breaking over the boat, so that it was already filling up.

Jesus was in the stern, asleep on a cushion.

They woke him and said to him,

"Teacher, do you not care that we are perishing?"

He woke up,

rebuked the wind,

and said to the sea, "Quiet! Be still!"

The wind ceased and there was great calm.

Then he asked them, "Why are you terrified?"

Do you not yet have faith?"

They were filled with great awe and said to one another,

"Who then is this whom even wind and sea obey?"

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## Our Scripture Reflection

Why was Jesus soundly asleep in the midst of a loud and tumultuous storm? Because unlike His terrified disciples He had unshakable faith and trust in His Father's care. In the Bible, fear is the lack of faith.

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## **Food for your Journey**

Look around you. Many people are in the midst of storms right now. Fifteen million Americans attend half-a-million support groups weekly.

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## **A Prayer from the Heart**

Dear Jesus, When I find myself in the midst of the storms in this life, help me to know that You are with me always as You promised. May I be a witness to Your Presence each day. Amen