



Daily Reflections

February 1, 2018

Scripture

Mark 6: 7-13

Jesus summoned the Twelve and began to send them out two by two and gave them authority over unclean spirits.

He instructed them to take nothing for the journey but a walking stick –no food, no sack, no money in their belts.

They were, however, to wear sandals but not a second tunic.

He said to them,

"Wherever you enter a house, stay there until you leave from there.

Whatever place does not welcome you or listen to you,

leave there and shake the dust off your feet

in testimony against them."

So they went off and preached repentance.

The Twelve drove out many demons,

and they anointed with oil many who were sick and cured them.

Our Scripture Reflection

Jesus sends out the Apostles in pairs with the seemingly odd instruction, "Take nothing for the Journey." Why nothing? There were no gas stations or convenience stores back then! Jesus is teaching them that God will provide for His workers. They are to recognize their dependence on Him for everything. God will use those who have received the gift of the Good News and are grateful for it to supply His messenger's needs.

Food for your Journey

"If we don't change where we're going, we'll end up where we're headed."
Old saying that needs to be said anew.

A Prayer from the Heart

Dear Jesus, As I live in this land of plenty, help mme to realize that what I truly need comes only from You. May I seek Your love and the gift of faith above all things. Amen