



# Daily Reflections

**February 12, 2018**

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## Scripture

### **James 1: 1-11**

James, a servant of God and of the Lord Jesus Christ,  
to the twelve tribes in the dispersion, greetings.

Consider it all joy, my brothers and sisters,  
when you encounter various trials,  
for you know that the testing of your faith produces perseverance.

And let perseverance be perfect,  
so that you may be perfect and complete, lacking in nothing.

But if any of you lacks wisdom,  
he should ask God who gives to all generously and ungrudgingly,  
and he will be given it.

But he should ask in faith, not doubting,  
for the one who doubts is like a wave of the sea  
that is driven and tossed about by the wind.

For that person must not suppose that he will receive anything from the Lord,  
since he is a man of two minds, unstable in all his ways.

The brother in lowly circumstances  
should take pride in high standing,  
and the rich one in his lowliness,  
for he will pass away "like the flower of the field."

For the sun comes up with its scorching heat and dries up the grass,  
its flower droops, and the beauty of its appearance vanishes.  
So will the rich person fade away in the midst of his pursuits.

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## **Our Scripture Reflection**

The beauty of the letter of James lies in the author's way of dealing with challenging spiritual issues such as doubts, trust, sinfulness. Throughout the letter, he leads us to one important conclusion: the one great medicine for all spiritual maladies is.....humility. As we anticipate the Holy season of Lent, pray that you will receive the Grace of humility so that you may surrender your life completely to Our Lord.

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## **Food for your Journey**

Watch your thoughts for they become words. Watch your words for they become actions. Watch your actions for they become habits. Watch your habits, for they become your character. And watch your character, for it becomes your destiny! What we think we become.

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## **A Prayer from the Heart**

Dear Jesus, When I attempt to control everything in my life I end up disappointed and disillusioned. This is not what You want for me, Lord. Please give me the Grace to turn my life over to You and Your providential care. May I learn to trust You in all things. Amen