



# Daily Reflections

**April 26, 2018**

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## Scripture

### **John 13: 16-20**

When Jesus had washed the disciples' feet, he said to them:  
"Amen, amen, I say to you, no slave is greater than his master  
nor any messenger greater than the one who sent him.  
If you understand this, blessed are you if you do it.  
I am not speaking of all of you.  
I know those whom I have chosen.  
But so that the Scripture might be fulfilled,  
The one who ate my food has raised his heel against me.  
From now on I am telling you before it happens,  
so that when it happens you may believe that I AM.  
Amen, amen, I say to you, whoever receives the one I send  
receives me, and whoever receives me receives the one who sent me."

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## Our Scripture Reflection

There are two important points made by Our Lord in today's Gospel passage:

1. Jesus knows us inside and out. He knows everything about us from our gifts to our inner brokenness.
2. In spite of it all He wants us to be His witnesses..."Whoever receives the one I send receives me." How humbling is that!

# Food for your Journey

Susan Stracke from Ohio writes about a broken sand dollar: "One evening, when my children were playing in our living room, my youngest son hid behind a chair. When he was coming out from hiding, he accidentally bumped a nearby glass table. The table wobbled and picture frames toppled forward upon a large, delicate sand dollar I had bought while vacationing at the ocean one summer.

Hearing the crash, I rushed to the table and saw the shattered sand dollar. Minutes before, the sand dollar had been beautiful and whole. It now lay in three jagged pieces.

My son and I carefully gathered the pieces of the sand dollar and carried them to the kitchen. As we glued the parts together, we noticed the intricate structure within. Had it not been broken, we would never have known of the beauty hidden inside.

I think we are a little like that sand dollar. When our spirits are broken, God puts us back together again. During the healing process, God helps us discover inner resources we would never have known existed within us had we not experienced being broken."

--Upper Room, 13

November 1995, 16.

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## A Prayer from the Heart

Precious Lord, I am truly not worthy of You. There are so many times when I betray Your love for and trust in me. I am weak, Lord, a sinner. In the midst of my weakness You call me to be Your disciple. Cleanse me and heal me. Please give me the Grace I need to change and to be faithful to You at all times. Amen