



Daily Reflections

August 5, 2018

Scripture

John 6: 24-35

When the crowd saw that neither Jesus nor his disciples were there, they themselves got into boats and came to Capernaum looking for Jesus.

And when they found him across the sea they said to him, "Rabbi, when did you get here?"

Jesus answered them and said,

"Amen, amen, I say to you, you are looking for me not because you saw signs but because you ate the loaves and were filled.

Do not work for food that perishes but for the food that endures for eternal life, which the Son of Man will give you.

For on him the Father, God, has set his seal."

So they said to him,

"What can we do to accomplish the works of God?"

Jesus answered and said to them,

"This is the work of God, that you believe in the one he sent."

So they said to him,

"What sign can you do, that we may see and believe in you?"

What can you do?

Our ancestors ate manna in the desert, as it is written:

He gave them bread from heaven to eat."

So Jesus said to them,
"Amen, amen, I say to you,
it was not Moses who gave the bread from heaven;
my Father gives you the true bread from heaven.
For the bread of God is that which comes down from heaven
and gives life to the world."
So they said to him,
"Sir, give us this bread always."
Jesus said to them,
"I am the bread of life;
whoever comes to me will never hunger,
and whoever believes in me will never thirst."

Our Scripture Reflection

In His "Bread of Life Discourse", Jesus fleshes out the meaning behind why after having fed 5000 people He leaves the crowd immediately. He knew well they were going to attempt to crown Him a king. Why? Because kings give away free food. They wanted Jesus to give them more, and if He wouldn't give them more then they wanted Him to teach them how to do the miraculous feeding! Jesus attempts to teach them that bellies full of food will go empty soon. They will be hungry again. Jesus and only Jesus can give them food that will take their hunger away forever. How? He, His very Body will become their food.

Food for your Journey

I know of one sure place where the supply of Bread never fails, and that is the secret closet of prayer. The Holy Spirit waits there to bring this precious Bread to you, to satisfy you completely and to make you strong and able to resist the world and the Devil. If you are hungry for more of Jesus, then come to the Lord's Table often. Be diligent to keep the feast. There you will find the abundant life he longs to give you.

-- David Wilkerson,

The eucharist is the very heart of Christian worship because it is so rich and far-reaching in its significance; because it eludes thought, eludes emotion, relies on simple contact, humble and childlike receptiveness, sense-

quenching soul. It mixes together the extremes of mystery and homeliness; takes our common earthly experience of suffering, love abandonment, death, and makes them inexpressibly holy and fruitful; takes the food of our natural life and transforms that into the Presence of Divine Life.

A Prayer from the Heart

Dear Jesus, We pursue so many things in this life which seem to make us happy initially but eventually we are hungry again. Help us, Lord, to realize that You and only You can satisfy a hungry heart. Help us to wake up and seek You above all. Amen