



Daily Reflections

August 6, 2018

Scripture

Mark 9: 2-10

Jesus took Peter, James, and his brother John,
and led them up a high mountain apart by themselves.

And he was transfigured before them,
and his clothes became dazzling white,
such as no fuller on earth could bleach them.

Then Elijah appeared to them along with Moses,
and they were conversing with Jesus.

Then Peter said to Jesus in reply,
"Rabbi, it is good that we are here!

Let us make three tents:

one for you, one for Moses, and one for Elijah."

He hardly knew what to say, they were so terrified.

Then a cloud came, casting a shadow over them;
from the cloud came a voice,

"This is my beloved Son. Listen to him."

Suddenly, looking around, they no longer saw anyone
but Jesus alone with them.

As they were coming down from the mountain,
he charged them not to relate what they had seen to anyone,
except when the Son of Man had risen from the dead.

So they kept the matter to themselves,
questioning what rising from the dead meant.

Our Scripture Reflection

What a special Grace the Apostles were privileged to receive on the mountain top that day. They witnessed what Jesus was going to look like at Easter. Unfortunately, they forgot about that glorious experience during Our Lord's passion. They all failed Him. But, once they spoke to the Risen Lord and experienced His forgiveness and healing, almost all of them would go on to become martyrs for the faith.

Food for your Journey

The transfiguration was a special event in which God allowed certain apostles to have a privileged spiritual experience that was meant to strengthen their faith for the challenges they would later endure. But it was only a temporary event. It was not meant to be permanent.

In the same way, at certain times in this life, God may give [some of us] ... special experiences of his grace that strengthen [our] faith.

We should welcome these experiences for the graces they are, but we should not expect them to continue indefinitely, nor should we be afraid or resentful when they cease.

They may have been meant only as momentary glimpses of the joy of heaven to sustain us as we face the challenges of this life, to help strengthen us on the road that will -- ultimately -- bring us into the infinite and endless joy of heaven.

--Jimmy Akin, "10 things you need to know about Jesus' transfiguration," National Catholic Register, February 21, 2013. Ncregister.com. Retrieved September 8, 2015.

A Prayer from the Heart

Dear Jesus, Your glorious Transfiguration serves as a promise and the hope of what can happen to me if I remain faithful to You. With Your Grace keep me Holy and ever close to You. Amen