



# Daily Reflections

**August 12, 2018**

---

## Scripture

### **John 6: 41-51**

The Jews murmured about Jesus because he said,  
"I am the bread that came down from heaven, "  
and they said,

"Is this not Jesus, the son of Joseph?

Do we not know his father and mother?

Then how can he say,

'I have come down from heaven'?"

Jesus answered and said to them,

"Stop murmuring among yourselves.

No one can come to me unless the Father who sent me draw him,  
and I will raise him on the last day.

It is written in the prophets:

They shall all be taught by God.

Everyone who listens to my Father and learns from him comes to me.

Not that anyone has seen the Father

except the one who is from God;

he has seen the Father.

Amen, amen, I say to you,

whoever believes has eternal life.

I am the bread of life.

Your ancestors ate the manna in the desert, but they died;  
this is the bread that comes down from heaven

so that one may eat it and not die.  
I am the living bread that came down from heaven;  
whoever eats this bread will live forever;  
and the bread that I will give is my flesh for the life of the world."

---

## **Our Scripture Reflection**

The arrogance of the crowd severely impedes their ability to accept what Jesus is saying to them. 5000 of them had just been fed by Him while only using a small amount of bread and fish. And there were leftovers! But when Jesus began identifying Himself as the source of real food, their minds and hearts were closed tightly. Their lack of faith and prideful hearts shut them out of the Kingdom of God.

---

## **Food for your Journey**

For some, it's part of the adventure of visiting a Costco, Sam's Club or similar warehouse store: the tiny plastic cups or plates containing free samples. Sure, those samples taste good, but they're just one tantalizing bite. Maybe the store employee will honor your request for a second helping, but that's probably the limit. You could never make a meal out of samples like those, not even if you made the rounds of every sampling station.

Jesus promises that those who come to him "will never be hungry." The bread of life is surely more than a mere sample.

---

## **A Prayer from the Heart**

Dear Jesus, From the moment of my conception and birth and throughout my life, I have experienced miracle after miracle from You. How could I not trust You and believe all that You teach me? You gave Your life for me and now You nourish me each day through the Sacrament of the Holy Eucharist. Strengthen my faith in Your Presence and make me Your witness to others.  
Amen