



Daily Reflections

December 1, 2018

Scripture

Luke 21: 34-36

Jesus said to his disciples:

“Beware that your hearts do not become drowsy
from carousing and drunkenness
and the anxieties of daily life,
and that day catch you by surprise like a trap.

For that day will assault everyone
who lives on the face of the earth.

Be vigilant at all times
and pray that you have the strength
to escape the tribulations that are imminent
and to stand before the Son of Man.”

Our Scripture Reflection

Tomorrow we begin the Holy season of Advent, a time of waiting, preparing and focusing on the wonderful celebration of our Savior’s birth. But isn’t everything out there in our secular world not pushing us to focus on the smells and bells? To hurry and push and get “it” done??? Jesus, in our Gospel text, is inviting us to be vigilant, to keep our eyes focused on what really matters, and when we do, we will find peace.

Food for your Journey

Some days are disasters: broken dreary failures. You walk out of the office low and depressed, and as you get into your car, you sink into the driver's seat with a sigh. You've tried so hard to be a success, to please your boss, to be respected. Why? Because you want to feel important, you want to feel like somebody, you want other people to respect you.

Then you arrive home, or pick up your child at the day-care center. And as soon as your child sees you, he or she gets excited and runs to you, jumping into your arms and saying, "Mommy, I want a hug!" Or "Daddy, I've missed you!" Your child hugs you tightly around the neck, pressing a soft face against your chin, giving you a kiss.

All the love that we think we must earn is right there in your arms and lap - a free gift offered with no conditions. It doesn't matter whether you're a success or failure at work, whether you got the raise or not, whether you closed the deal or failed the assignment. The gift of love is a free one.

A Prayer from the Heart

Dear Jesus, Life at its longest still seems so short. I was put here in this life with a purpose: To praise You and give You glory. Help me to remain focused and locked on to my purpose so that when this life is complete, I may enjoy a life that will never end with You. Amen