In those days when there again was a great crowd without anything to eat, Jesus summoned the disciples and said, “My heart is moved with pity for the crowd, because they have been with me now for three days and have nothing to eat. If I send them away hungry to their homes, they will collapse on the way, and some of them have come a great distance.” His disciples answered him, “Where can anyone get enough bread to satisfy them here in this deserted place?” Still he asked them, “How many loaves do you have?” They replied, “Seven.” He ordered the crowd to sit down on the ground. Then, taking the seven loaves he gave thanks, broke them, and gave them to his disciples to distribute, and they distributed them to the crowd. They also had a few fish. He said the blessing over them and ordered them distributed also. They ate and were satisfied. They picked up the fragments left over—seven baskets. There were about four thousand people.
He dismissed the crowd and got into the boat with his disciples and came to the region of Dalmanutha.

**Our Scripture Reflection**

There are two occasion recorded by Mark during which time Jesus feeds huge crowds of people, one crowd of 5000 and one crowd numbering 4000. The message imparted by both miracles is very simple yet profound:

1. God is never stingy. When He gives He gives abundantly
2. God wants hungry people fed.
3. God wants you and me involved in the feeding.

May God move your heart to care for those who hunger and thirst.

**Food for your Journey**

The question of bread for myself is a material question, but the question of bread for my neighbor is a spiritual question.

--Nikolai A. Berdyaev

**A Prayer from the Heart**

Dear God, Your generosity towards me never ceases to amaze me. When I think about my life, I realize that You always provide for my needs in abundance. Help me to show my gratitude by sharing what You have given me with those who hunger and thirst, especially for Your love. Amen