[After Jesus had fed the five thousand men, his disciples saw him walking on the sea.]
The next day, the crowd that remained across the sea saw that there had been only one boat there, and that Jesus had not gone along with his disciples in the boat, but only his disciples had left. Other boats came from Tiberias near the place where they had eaten the bread when the Lord gave thanks. When the crowd saw that neither Jesus nor his disciples were there, they themselves got into boats and came to Capernaum looking for Jesus. And when they found him across the sea they said to him, "Rabbi, when did you get here?"
Jesus answered them and said, "Amen, amen, I say to you, you are looking for me not because you saw signs but because you ate the loaves and were filled. Do not work for food that perishes but for the food that endures for eternal life, which the Son of Man will give you. For on him the Father, God, has set his seal."
So they said to him, 
"What can we do to accomplish the works of God?"
Jesus answered and said to them,
"This is the work of God, that you believe in the one he sent."

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**Our Scripture Reflection**

Members of the crowd had had their bellies filled with all the bread and fish they could eat. In their narrow, materialistically-oriented thinking, Jesus was their “magic man.” They wanted Him to keep the good times rolling by providing them with food on demand. But they failed to ask themselves two most important questions:

1. Who is this man Who fed me?
2. Why did He feed me, and with such abundance?

Those were the questions that could have evoked faith in them. Unfortunately, they could not see beyond their bloated bellies.

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**Food for your Journey**

"Faith is not trusting God to get something; faith is trusting God when there seems to be nothing left. When everything is gone with no hope of restoration and when there is nothing on which to base your faith; then can you still trust God?"

--Buell Kazee,

*Faith Is the Victory*  
(Wheaton, IL: Tyndale, 1983), 149.

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**A Prayer from the Heart**

Dear God, How easily I am contented with living life at the surface level. Help me, Lord, to look beyond the food I eat and the stuff I have to realize that it is You Who provides me with what I need. May I never miss an opportunity to thank You and to witness to Your goodness to me. Amen