John 14: 23-29
Jesus said to his disciples:
"Whoever loves me will keep my word,
and my Father will love him,
and we will come to him and make our dwelling with him.
Whoever does not love me does not keep my words;
yet the word you hear is not mine
but that of the Father who sent me.
"I have told you this while I am with you.
The Advocate, the Holy Spirit,
whom the Father will send in my name,
will teach you everything
and remind you of all that I told you.
Peace I leave with you; my peace I give to you.
Not as the world gives do I give it to you.
Do not let your hearts be troubled or afraid.
You heard me tell you,
'I am going away and I will come back to you.'
If you loved me,
you would rejoice that I am going to the Father;
for the Father is greater than I.
And now I have told you this before it happens,
so that when it happens you may believe."
Our Scripture Reflection

“Whoever loves me will keep my word...”: To love Jesus means that we must obey Him by listening to and living his word. It is through our living of His word and way that we give witness to Jesus and make Him known in our world. And when we live His word faithfully and lovingly, we have the awesome ability to draw others to Him.

Food for your Journey

Obedience. It plays a huge role in our lives! We learn to obey our parents. We learn to obey other adults.

We learn to obey teachers. We (hopefully) learn to obey rules. We learn to obey the axioms of geometry.

We learn to obey traffic codes. We learn to obey the law of gravity. We learn to obey the unwritten codes of social convention. We learn to obey the principles of nutrition and personal hygiene. And if we learn to obey in all of these areas, our lives tend to turn out better.

But what about obedience in our faith? According to Jesus it plays a major role. He said, “If you love me, you will always have a great spiritual feeling.” No, what he said is, “If you love me, you will keep my commandments.” So love and obedience go together in our faith. In fact, according to this passage obedience to Jesus is the primary evidence of love for him. Just like in a marriage, obedience to the promises and vows we make and then build on over the years becomes more and more the unmistakable evidence of our love.


A Prayer from the Heart

Dear God, Help me to be faithful to Your Son Jesus. In a world filled with many voices which speak words contrary to His own, may I discern with the help of the Holy Spirit the authentic voice of Jesus and follow His words faithfully and despite the cost. Amen