



Daily Reflections

May 30, 2019

Scripture

John 16: 16-20

Jesus said to his disciples:

"A little while and you will no longer see me,
and again a little while later and you will see me."

So some of his disciples said to one another,
"What does this mean that he is saying to us,
'A little while and you will not see me,
and again a little while and you will see me,'
and 'Because I am going to the Father'?"

So they said, "What is this 'little while' of which he speaks?
We do not know what he means."

Jesus knew that they wanted to ask him, so he said to them,
"Are you discussing with one another what I said,
'A little while and you will not see me,
and again a little while and you will see me'?"

Amen, amen, I say to you,
you will weep and mourn, while the world rejoices;
you will grieve, but your grief will become joy."

Our Scripture Reflection

As Jesus was suffering and dying the disciples for the most part fled and abandoned Him. When they realized what they had done they did, indeed,

“weep and mourn”. But then came Easter. And as we read in John 20 the disciples rejoiced when He appeared to them. When Jesus ascended to the right hand of the Father, He sent the Holy Spirit upon the community gathered at Jerusalem on Pentecost and they rejoiced at that time as well. Bottom line: Jesus promised that He would never leave His Church orphaned and thanks to the gift of the Holy Spirit that promised is fulfilled.

Food for your Journey

Two men were traveling together, when a bear suddenly met them on their path. One of them climbed up quickly into a tree and concealed himself in the branches.

The other, seeing that he would be attacked, fell flat on the ground, and when the bear came up and felt him with his snout, and smelt him all over, he held his breath, and feigned the appearance of death as much as he could.

The bear soon left him, for it is said he will not touch a dead body. When he was quite gone, the other traveler descended from the tree, and jocularly inquired of his friend what it was the bear had whispered in his ear.

“He gave me this advice,” his companion replied. “Never travel with a friend who deserts you at the approach of danger.”

—Aesop, “The Bear and the Two Travelers.”

A Prayer from the Heart

Dear God, Pour upon Your Church the Most Holy Spirit to renew, strengthen and enlighten Her with Your Truth. May She become a fearless, loving and steadfast witness to Jesus. Amen