Matthew 5: 27-32
Jesus said to his disciples:
"You have heard that it was said, You shall not commit adultery.
But I say to you,
everyone who looks at a woman with lust
has already committed adultery with her in his heart.
If your right eye causes you to sin,
tear it out and throw it away.
It is better for you to lose one of your members
than to have your whole body thrown into Gehenna.
And if your right hand causes you to sin,
cut it off and throw it away.
It is better for you to lose one of your members
than to have your whole body go into Gehenna.
"It was also said,
Whoever divorces his wife must give her a bill of divorce.
But I say to you,
whoever divorces his wife (unless the marriage is unlawful)
causes her to commit adultery,
and whoever marries a divorced woman commits adultery."
In our sexually polluted society Jesus’ words may sound impossible. He is teaching the crowds and us two important points about human sexuality:

1. God must be foremost in our thoughts and desires

2. Human beings are not objects. Men, women are children of God created in His image and likeness. To see them as anything less is an act of materialistic lust

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**Food for your Journey**

In law a man is guilty when he violates the rights of others. In ethics he is guilty if he only thinks of doing so.

--Immanuel Kant, philosopher.

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**A Prayer from the Heart**

Dear God, Help me to love You and desire You above all things in this life. May I show my love by living the way of Your Son Jesus each day. Amen