



Daily Reflections

June 25, 2019

Scripture

Matthew 7: 6, 12-14

Jesus said to his disciples:

"Do not give what is holy to dogs, or throw your pearls before swine, lest they trample them underfoot, and turn and tear you to pieces.

"Do to others whatever you would have them do to you.

This is the Law and the Prophets.

"Enter through the narrow gate;

for the gate is wide and the road broad that leads to destruction, and those who enter through it are many.

How narrow the gate and constricted the road that leads to life.

And those who find it are few."

Our Scripture Reflection

The "Narrow Gate" is not the gate of anxiety or neurosis. Jesus is describing a contest-like struggle that the serious disciple must reckon with if they wish to live the spiritual life. Why is the life of faith such a challenge? Because of sin and temptation. The goal is to remain holy and pure while while we exercise our faith each day and under all circumstances. Jesus shows us the way and gives us the Grace we need to assist us at every turn.

Food for your Journey

The beginning of anxiety is the end of faith, and the beginning of true faith is the end of anxiety.

—George Mueller.

Let us sing even when we do not feel like it, for in this way we give wings to heavy feet and turn weariness into strength.

—John Henry Jowett.

A Prayer from the Heart

Dear God, I want to be holy. I want to live the way of Jesus. It is difficult at times, Lord, and there are times when there is the temptation to give up. Help me with Your Grace when I am weak. Pick me up if I fall. Keep me faithful to the way of Your Son at all times. Amen