Matthew 8: 23-27
As Jesus got into a boat, his disciples followed him. Suddenly a violent storm came up on the sea, so that the boat was being swamped by waves; but he was asleep. They came and woke him, saying, "Lord, save us! We are perishing!"
He said to them, "Why are you terrified, O you of little faith?"
Then he got up, rebuked the winds and the sea, and there was great calm. The men were amazed and said, "What sort of man is this, whom even the winds and the sea obey?"

Our Scripture Reflection

How could Jesus be sleeping so soundly in the midst of a terrible storm while at sea? Because of the calm that He derived from His intimate relationship with His Father. Nothing...absolutely nothing could distract or deter Him. Wouldn’t it be wonderful to have such a relationship with God? You can.....

Food for your Journey

It is said in motorcycle circles that one of the keys to survival is “looking through the curves.” This means keeping your head up, and looking not only
at the path in front of you, but also gazing a good distance down the road, so that you can see what’s coming at you and be alert for potential hazards.

The very same is true in Christian circles. When we believe that Christ has, in fact, been raised from the dead, we are able to look through the curves and see that God is leading us to victory.

Through the curve of divorce, we discover hidden truths about ourselves. Through the curve of job loss, we find resourcefulness and skill-sets that we never knew we possessed. Through the curve of failure in school, we open our eyes to new possibilities for our futures. Through the curve of illness, we realize that a healing of the spirit can occur even as the body struggles for a cure. Through the curve of a painful death, we discover that we are upheld by the love of family and friends and a powerful Holy Spirit. Through the curve of a struggle with sin, we feel the mercy of our Lord Jesus, who died and rose to save us from sin and death.

In the spring and the fall, graveyards offer sanctuary to migrating birds, providing safe resting places on long cross-country journeys. And in the summer, cemetery trees hold nests. According to The Washington Post (May 26, 2003), a 1997 study of breeding birds in the Lake View Cemetery in Cleveland revealed nests of 76 different species of birds, spread across its 285 acres. That is many more nesting species than were found in areas around the cemetery.

A Prayer from the Heart

Dear God, I want to have an intimate relationship with You. I want to be so close to You that anxiety, worry and fear may no longer be a part of my life. May I Pray to You as my ABBA, Dad. Amen