August 6, 2019

Scripture

Mark 9: 2-12
Jesus took Peter, James, and his brother John, and led them up a high mountain apart by themselves. And he was transfigured before them, and his clothes became dazzling white, such as no fuller on earth could bleach them. Then Elijah appeared to them along with Moses, and they were conversing with Jesus. Then Peter said to Jesus in reply, "Rabbi, it is good that we are here! Let us make three tents: one for you, one for Moses, and one for Elijah." He hardly knew what to say, they were so terrified. Then a cloud came, casting a shadow over them; from the cloud came a voice, "This is my beloved Son. Listen to him." Suddenly, looking around, they no longer saw anyone but Jesus alone with them. As they were coming down from the mountain, he charged them not to relate what they had seen to anyone, except when the Son of Man had risen from the dead. So they kept the matter to themselves, questioning what rising from the dead meant.

Our Scripture Reflection
Our magnificent Gospel reading contains the very familiar story of the Transfiguration. On the mountain top, the disciples receive a privileged glimpse of what Our Lord will look like after His resurrection. But there is another important message for us as well. What happened to Jesus
will happen to us IF we “listen to Him.” May we know without doubt that true and lasting change is possible for us all with the help of God’s amazing Grace.

**Food for your Journey**

What is both Good and New about the Good News is the wild claim that Jesus did not simply tell us that God loves us even in our wickedness and folly and wants us to love each other the same way and to love him too, but that if we will let him, God will actually bring about this unprecedented transformation of our hearts himself.


**A Prayer from the Heart**

Dear God, When I find myself in doubt about my ability to be a true disciple of Your Son, help me to remember the message of the Transfiguration. May I always focus on the words of Your Son which constantly call me to conversion and new life. Please give me victory over my sins. Amen