Luke 4: 35-44
After Jesus left the synagogue, he entered the house of Simon. Simon's mother-in-law was afflicted with a severe fever, and they interceded with him about her. He stood over her, rebuked the fever, and it left her. She got up immediately and waited on them. At sunset, all who had people sick with various diseases brought them to him. He laid his hands on each of them and cured them. And demons also came out from many, shouting, "You are the Son of God." But he rebuked them and did not allow them to speak because they knew that he was the Christ. At daybreak, Jesus left and went to a deserted place. The crowds went looking for him, and when they came to him, they tried to prevent him from leaving them. But he said to them, "To the other towns also I must proclaim the good news of the Kingdom of God, because for this purpose I have been sent." And he was preaching in the synagogues of Judea.

Our Scripture Reflection
No sooner than He left the hometown crowd which had tried to kill Him because His message did not fit their agenda, Jesus’ ministry explodes with activity everywhere He goes. Those who are truly open to Him, people who have hit rock bottom and are in need, receive His divine care. He is so active, in fact, that He has to get away for a brief breather! It seems that Our Lord is always there for those who are truly humble before Him.

Food for your Journey
There are different ways to show "MUCH LOVE" for each of us, regardless of generation or economic status or whatever. David Dunn, in his book Try Giving Yourself Away: A Tonic for These Troubled Times (Norwalk, Conn.: C. R. Gibson, 1976), tells of a woman waiting for a train in a big city station. She saw a young mother trying desperately to cope with two crying children and an armload of packages. She also saw a teenage girl sitting nearby who quickly went to the harried mother and offered to help by taking care of the children until the train arrived. The mother, delighted with this offer, gladly accepted and left to get a much-needed bite to eat. Shortly she returned and the teenager again offered her help in carrying the packages to the train. As the train pulled out of the station, she stood on the platform and waved good-bye. The woman watching all of this now watched as the girl returned to the station lobby and shortly offered to help yet another mother with small children. This scene was repeated several times over. Dunn continues the story:

The woman who had been watching all of this was both puzzled and fascinated as the same scenario unfolded several more times. Finally she approached the girl, saying, "I'm curious. I've been watching you for an hour or so and you've spent the entire time helping young mothers and their children. Why are you doing this?" To which the teenager replied, "Oh, I was one of five children. My dad was in the army and we were always moving from one place to another. My mom used to get so tired carrying the packages and suitcases and caring for all of us, and I always tried to help her. I remember her saying to me, 'You are so good with children.' My dad went to war in Europe and never came back, so that left mom alone. And she just recently died, so I thought that maybe I could do something for others because she said I was so good with kids. I thought there would be a lot of tired mothers here so that's why I come to the depot. It makes me feel good. It really helps."

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**A Prayer from the Heart**

Heavenly Father, Your Son Jesus was always there for those who were in need. When I find myself with spare time on my hands, help me to imitate Him. Help me to seek and find someone who could use a little help and a kind word. In doing so, may I make Your Kingdom visible to that needy person. Amen