Philippians 2:6-11
Brothers and sisters:
Christ Jesus, though he was in the form of God,
did not regard equality with God something to be grasped.
Rather, he emptied himself,
taking the form of a slave,
coming in human likeness;
and found human in appearance,
he humbled himself,
becoming obedient to death,
even death on a cross.
Because of this, God greatly exalted him
and bestowed on him the name
that is above every name,
that at the name of Jesus
every knee should bend,
of those in heaven and on earth and under the earth
and every tongue confess that
Jesus Christ is Lord,
to the glory of God the Father.

Our Scripture Reflection

Today’s scripture has been known throughout history as the “Philippians’ Hymn”. Why?
Because it was chanted by the very early Church as a part of her worship. It could very easily
be called “The True Disciple’s Job Description” because of its simple yet profound message on
discipleship. To imitate Jesus means to live the way of humility everyday and in all things. May
you receive His Grace to do so!
When we look at political leaders, we don’t tend to see humility. But George Washington was a leader who put real effort into being humble, and it helped both him and our country. He was a general during the Revolutionary War, and twice he was given dictatorial power by the Continental Congress. He did not abuse this power. After achieving victory in the war, he laid down his sword -- an unusual choice for a conquering general. Some people wanted to make him an American king, but he said no. After serving as president for two four-year terms, he could have sought re-election to a third term. Instead, writes David Bobb in his book, Humility: An Unlikely Biography of America’s Greatest Virtue, “Washington opted to retire. ... His ambition, above all else, was to act justly for the sake of others and his country.” George Washington showed self-emptying humility, a trait that led to fullness as a general and as the first president of the United States.

Dear Jesus, You are the essence of humility. Even though You were all powerful, You did not display Your power except to help those who were in need. You showed the depth of Your love and humility by giving Your life completely and without any hesitation on the Cross. Please give me the Grace of humility so that I may enjoy Your Peace. Amen