



# Daily Reflections

## January 26, 2021

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### Scripture

#### **Mark 3:31-35**

And his mother and his brethren came; and standing without, sent unto him, calling him. And the multitude sat about him; and they say to him: Behold thy mother and thy brethren without seek for thee.

And answering them, he said: Who is my mother and my brethren?

And looking round about on them who sat about him, he saith: Behold my mother and my brethren.

For whosoever shall do the will of God, he is my brother, and my sister, and mother.

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### Our Scripture Reflection

Please note: Our Lord is not being disrespectful or neglectful towards His Mother and family. To the contrary, He is using the situation as a powerful teaching tool for all would be disciples. When one commits to a relationship with the Lord, that relationship becomes one which transcends all others. Why? Because it has eternal implications and consequences. Biological relations end with our last breath. But eternal relationships remain forever.

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### Food for your Journey

The family, then, is not a sanctuary cut off from the rest of society, not a secluded preserve, but a training ground for life in community, in village or clan or tribe. If there is to be a vigorous community for children to join, the family must also provide, in Gary Snyder's phrase, "the Practice Hall" for adults as well, a place where men and women perform the ceremonies of

mutual aid, amuse and challenge one another, share comfort and love. By all these measures, a good family is one that encourages the full flowering of parents; that cherishes grandparents as carriers of wisdom; that nourishes children in body and mind and soul, and prepares them to enter the world as responsible and competent adults.

—Scott Russell Sanders, *Hunting for Hope: A Father's Journeys* (Beacon Press, 1998), 69.

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## **A Prayer from the Heart**

Dearest Jesus, You came into this world and chose to call all of us to be a part of Your Family. As members of Your Holy Family we are expected to live You, live one another and to embrace Your Gospel and live it. For the ability to do so, I pray for Your Grace and the guidance of the Holy Spirit. Keep us humble and Holy, Lord. Amen