



Daily Reflections

August 5, 2016

Scripture

Matthew 16:24-28

Jesus said to his disciples,

“Whoever wishes to come after me must deny himself,
take up his cross, and follow me.

For whoever wishes to save his life will lose it,
but whoever loses his life for my sake will find it.

What profit would there be for one to gain the whole world
and forfeit his life?

Or what can one give in exchange for his life?

For the Son of Man will come with his angels in his Father’s glory,
and then he will repay each according to his conduct.

Amen, I say to you, there are some standing here
who will not taste death

until they see the Son of Man coming in his Kingdom.”

Our Scripture Reflection

The word "surrender" in our language connotes weakness i.e. giving up. Not so, however, in the Christian life. In light of today's Gospel text, surrender means to turn one's life over to Jesus for the sake of the Gospel. The "cross" connotes sacrifice and suffering, in imitation of Jesus. By picking up the cross and following Jesus, one may seem in the eyes of the world to be a loser. However, in the eyes of Jesus, one gains eternal life by doing so.

Food for your Journey

Always think of yourself as everyone's servant, look for Christ our Lord in everyone and you will then have respect and reverence for all.

--16th-century Mystic/Reformed Carmelite founder, Theresa of Avila

Prayer from the Heart

Dear Jesus, make me humble so that through word and deed, I may reveal Your Presence to others. Amen.

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