



Daily Reflections

January 30, 2017

Scripture

Mark 5:1-20

Jesus and his disciples came to the other side of the sea,
to the territory of the Gerasenes.

When he got out of the boat,
at once a man from the tombs who had an unclean spirit met him.
The man had been dwelling among the tombs,
and no one could restrain him any longer, even with a chain.
In fact, he had frequently been bound with shackles and chains,
but the chains had been pulled apart by him and the shackles smashed,
and no one was strong enough to subdue him.

Night and day among the tombs and on the hillsides
he was always crying out and bruising himself with stones.

Catching sight of Jesus from a distance,
he ran up and prostrated himself before him,
crying out in a loud voice,

"What have you to do with me, Jesus, Son of the Most High God?"

I adjure you by God, do not torment me!"
(He had been saying to him, "Unclean spirit, come out of the man!")
He asked him, "What is your name?"
He replied, "Legion is my name. There are many of us."
And he pleaded earnestly with him
not to drive them away from that territory.
Now a large herd of swine was feeding there on the hillside.
And they pleaded with him,
"Send us into the swine. Let us enter them."
And he let them, and the unclean spirits came out and entered the swine.
The herd of about two thousand rushed down a steep bank into the sea,
where they were drowned.
The swineherds ran away and reported the incident in the town
and throughout the countryside.
And people came out to see what had happened.
As they approached Jesus,
they caught sight of the man who had been possessed by Legion,
sitting there clothed and in his right mind.
And they were seized with fear.
Those who witnessed the incident explained to them what had happened
to the possessed man and to the swine.
Then they began to beg him to leave their district.
As he was getting into the boat,
the man who had been possessed pleaded to remain with him.
But Jesus would not permit him but told him instead,
"Go home to your family and announce to them
all that the Lord in his pity has done for you."
Then the man went off and began to proclaim in the Decapolis
what Jesus had done for him; and all were amazed.

Our Scripture Reflection

Jesus encounters a man who had been "dwelling among the tombs." What a pitiful state for a child of God to be in. Some things have not changed in 2017 years. Today, there are many who dwell among the tombs of life: the addicted and the depressed. And while we do not possess the power to cast out legions of demons, we do have the power of prayer and the ability to

reach out and touch the lives of the miserable. Jesus had a most active schedule yet He stopped to minister to the tortured man. Will you?

Food for your Journey

"Prosperity knits a man to the world," says a demon in C.S. Lewis's book *The Screwtape Letters*. "He feels that he is 'finding his place in it,' while really it is finding its place in him. His increasing reputation, his widening circle of acquaintances, his sense of importance, the growing pressure of absorbing and agreeable work, build up in him a sense of being really at home on earth, which is just what we want. You will notice that the young are generally less unwilling to die than the middle-aged and the old.

"The truth is that the enemy, having oddly destined these mere animals to life in his own eternal world, has guarded them pretty effectively from the danger of feeling at home anywhere else."

--Cited in *Christianity Today*, November 16, 1998, 82.

Prayer from the Heart

Dear Jesus, Your Heart was filled with compassion for the poor, tortured man in our Gospel text. Lord, You have always been so good to me. Help me to be kind to others, especially those who are hurting. Amen.