



# Daily Reflections

**October 15, 2016**

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## Scripture

### **Ephesians 1:15-23**

Brothers and sisters:

Hearing of your faith in the Lord Jesus  
and of your love for all the holy ones,  
I do not cease giving thanks for you,  
remembering you in my prayers,  
that the God of our Lord Jesus Christ, the Father of glory,  
may give you a spirit of wisdom and revelation  
resulting in knowledge of him.

May the eyes of your hearts be enlightened,  
that you may know what is the hope that belongs to his call,  
what are the riches of glory  
in his inheritance among the holy ones,  
and what is the surpassing greatness of his power  
for us who believe,  
in accord with the exercise of his great might,

which he worked in Christ,  
raising him from the dead  
and seating him at his right hand in the heavens,  
far above every principality, authority, power, and dominion,  
and every name that is named  
not only in this age but also in the one to come.  
And he put all things beneath his feet  
and gave him as head over all things to the Church,  
which is his Body,  
the fullness of the one who fills all things in every way.

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## **Our Scripture Reflection**

Paul's heart is full of love and gratitude for the way the Ephesians are living their faith as the body of Christ on earth. In today's text, he reminds the disciples of how great a dignity they possess as the church. What a tremendous compliment to those who truly live their faith in Jesus Christ.

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## **Food for your Journey**

Mother Teresa was aware of the power that kindness and compassion can have. She said, "Spread love everywhere you go: First of all, in your own house ... let no one ever come to you without leaving better and happier. Be the living expression of God's kindness: kindness in your face, kindness in your eyes, kindness in your smile, kindness in your warm greeting."

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## **Prayer from the Heart**

Gracious God, Help me to live as the person You created me to be. Amen.