



# Daily Reflections

**January 3, 2017**

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## Scripture

### **John 1:29-34**

John the Baptist saw Jesus coming toward him and said,  
"Behold, the Lamb of God, who takes away the sin of the world.

He is the one of whom I said,  
'A man is coming after me who ranks ahead of me  
because he existed before me.'

I did not know him,  
but the reason why I came baptizing with water  
was that he might be made known to Israel."

John testified further, saying,  
"I saw the Spirit come down like a dove from the sky  
and remain upon him.

I did not know him,  
but the one who sent me to baptize with water told me,  
'On whomever you see the Spirit come down and remain,  
he is the one who will baptize with the Holy Spirit.'  
Now I have seen and testified that he is the Son of God."

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## **Our Scripture Reflection**

There is a richness to John's Gospel. We see a wonderful example of this richness in today's text when John the Baptist proclaims Jesus to be "The Lamb of God." Only in John's account do we read that Jesus is crucified not on the Feast of Passover as we find in the other Gospel accounts, but rather, on the day before Passover, the Feast of Parasheve, the day the lambs were slaughtered for Passover. Jesus, therefore, dies as The Lamb of God who takes away our sins.

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## **Food for your Journey**

Anthony De Mello tells the story of a dynamic young woman who was suffering stress and strain. The doctor prescribed tranquilizers, rest and a return visit in a couple of weeks.

When she came back to see the physician, he asked her if she felt any different. She replied, "No, I don't. But I've observed that other people seem a lot more relaxed."

De Mello goes on to point out how we see other people not so much as they are, but as we are.

--De Mello, *The Heart of the Enlightened* (New York:Doubleday, 1989), 122.

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## **Prayer from the Heart**

Dear Jesus, You are The Lamb who gave Your life for my sins. Help me show my gratitude for Your precious gift by living my life in imitation of You. Amen.