



Daily Reflections

October 26, 2016

Scripture

Ephesians 6:1-9

Children, obey your parents in the Lord, for this is right.
Honor your father and mother.

This is the first commandment with a promise,
that it may go well with you
and that you may have a long life on earth.

Fathers, do not provoke your children to anger,
but bring them up with the training and instruction of the Lord.

Slaves, be obedient to your human masters with fear and trembling,
in sincerity of heart, as to Christ,
not only when being watched, as currying favor,
but as slaves of Christ, doing the will of God from the heart,
willingly serving the Lord and not men,
knowing that each will be requited from the Lord
for whatever good he does, whether he is slave or free.

Masters, act in the same way towards them, and stop bullying,

knowing that both they and you have a Master in heaven and that with him there is no partiality.

Our Scripture Reflection

Once again, today's text may sound offensive to sensitive ears and to those steeped in a revisionist historical perspective. As much as we may find it abhorrent, slavery was a part of life in Paul's day. For Paul, no matter what one's state in life may be, husband, wife, child or slave, Paul wants all people to be the best they can be. As Jesus was a servant to all, so too, must we be servants to one another.

Food for your Journey

I am convinced that God speaks not out of burning bushes but in our burning hearts, from within, through the very processes that God implanted in us; our reason and our conscience, our inner values and guilt system.

- Psychologist Edward Stein in *Pastoral Psychology*, July 1996, 390.

Prayer from the Heart

Dear Jesus, Please give me the Grace to live as the person I was created to be, no more, no less. Amen.